LILIANA HADJI



Consellor Character Trainer

AREAS OF EXPERTISE

-Facilitating cognitive and emotional grow and character groups for children and parents -Personal therapy and life style guidance -Marriage and family counselling

PROFESIONAL

<u>SPER</u> accredited <u>Romanian Psychological</u> <u>Society</u> membership PERSONAL SKILLS Listening skills Reliability

Enthusiasm

PERSONAL SUMMARY

A hardworking, conscientious and caring counsellor with extensive knowledge of offering advice, support, motivation and guidance to clients who have experienced emotional difficulties.

Also, a good trainer competency, working with children, educating character, moral thinking, life skills, healty and balance life style using creative methods, high energy and vitality presence, motivational animations and brainstorming.

RELEVANT WORK EXPERIENCE IN PSYCHOLOGY

2014 – Present

Co-founder at <u>Gritty Education</u>, NGO project, an unique initiative in Romania

COUNSELLOR, LIFE STYLE, CHARACTER AND FLOURISHING TRAINER

Duties:

Developing and delivering design training and sesions for children groups (3-18 years) focusing on character strengths and growth mindset

Writing articles for parents about **character** and how they can develop it using intelligent strategies

Participations on TV-shows/Radio, talking about character (TVH, DoctorH, Digi, Antena, Radio România Actualități) Delivering training for parents and teachers about character

Liliana Hadji Independent Psychological Services

June 2010 - Present Provide comprehensive assessments of clients on which to base appropriate counselling and personal development interventions.

Duties:

Listening to a individuals problems and empathising with them. Establishing trust and a bond with clients. Developing suitable treatment plans and implementing them. Identify problems quickly, explaining it to a client & then finding a solution.

Attending training days for ongoing professional development.

ACADEMIC QUALIFICATIONS

Professional Diploma in Therapeutic Counselling 2000-2005 –University of Bucharest, Faculty of Psychology And Educational Studies 2008-2012 – professional studies for Therapeutic Counselling at SPER

Diploma in Cinematography Caragiale Academy of Theatrical Arts and Cinematography 2006-2008 – MA, Audiovisual Programs 2008-2011 - PhD Studies, Cinematography

Barbara Fredricson's Course Positive Psychology, on <u>Coursera</u> Teaching Character and Creating Positive Classrooms, on <u>Coursera</u>

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